

# **NEUROGRAPHIC ART**

## **Derwent Inktense Blocks**

Grade Level: 5-12

#### MATERIALS:

- Derwent Inktense Blocks, Set of 12
- Waterproof Pen/Marker
- Fine Tip Brush or Derwent Waterbrush
- Watercolour or Mixed Media Paper
- Derwent White Coloured Pencil or Gel Pen (optional)

## **LEARNING OBJECTIVES:**

Students will be introduced to a meditative approach to art through the work of Russian psychologist Pavel Piskarev, transforming stress into imaginative masterpieces.

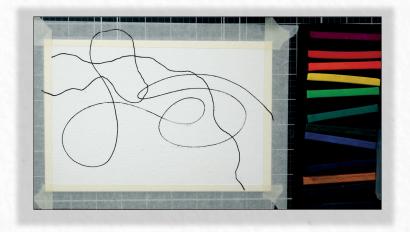


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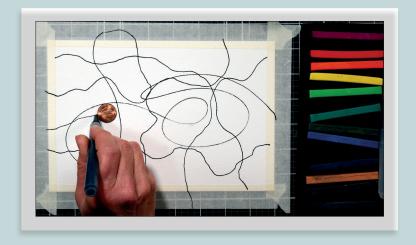


### PROCEDURE:

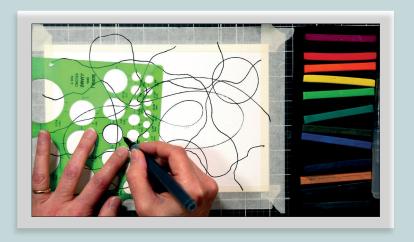
Make a big scribble on your paper.



Add lines to fill in the blank spaces. (Pro Tip: Try creating random lines by putting a coin on your paper, then pushing the coin with a drawing tool as you travel from one edge of the paper to the next.)



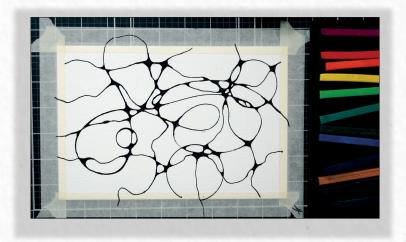
Add shapes overlapping the lines as desired.



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Round the corners made where lines intersect. (This will be the most time-consuming part of the project.)



5 Fill in the shapes with Inktense blocks.



Add shading to the edges for depth. Add highlight opposite the shadow side to create contrast.





Examples:			
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